## Amherst College Trails

Amherst College trails near the main campus traverse open fields, wetlands, flood plain, upland woods, and plantation pines. The Emily Dickinson Trail is south of the Fort River.

Location:	The trail network can be accessed from the Mass Central Rail Trail, and from South East St., College St., South Pleasant St., or the Amherst train station
Trail Type:	Dirt trail/path
Length/Difficulty:	Length variable based on trail; Easy to moderate
Permitted Uses:	Hiking, walking, running, cross-country skiing. No bicycles, horses or motor vehicles
Parking:	None.
Information:	https://www.amherst.edu/campuslife/wildlife-sanctuary/ recreation



## A Guide to Recreation Paths and Rail Trails in the Pioneer Valley